

Introduction to Psychology

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We're delighted you're thinking about studying at Brunel University London.

Our Introduction to Psychology course is designed to help you understand the scientific study of behaviour and the mind. You will explore the biological, cognitive and environmental influences on behaviour and the mind. You will also learn about the history and development of psychology as a discipline. The course is delivered by leading experts in the field and includes practical sessions where you can apply your knowledge to real-world situations. For more information, visit www.brunel.ac.uk/psychology.

Sample lecture/coursework questions

1. A person who is very confident and outgoing is likely to be high on the Big Five personality trait of **Extraversion**. Research has shown that extraversion is associated with higher levels of social support, which in turn is associated with better mental health outcomes. Discuss the implications of this research for understanding the relationship between personality and mental health.
2. How does the environment influence behaviour? Explain the concept of **social learning theory** and how it can be used to understand the development of aggression. Discuss the implications of this theory for understanding the role of the environment in the development of mental health problems.
3. Can you explain the concept of **cognitive-behavioural therapy (CBT)** and how it is used to treat mental health problems? Discuss the effectiveness of CBT for the treatment of depression and anxiety disorders. What are the key components of CBT and how do they work together to bring about change?
4. Discuss the role of **neurotransmitters** in the brain and how they influence behaviour. Explain the role of **serotonin** in the regulation of mood and how a deficiency of serotonin is associated with depression. Discuss the implications of this research for the development of antidepressant drugs.



Reading list

- Cole, A. (2012). *Case studies in research in organisations*. Routledge.
- Jones, R. S., Collins, I. C. A., Clegg, C., & Linstead, D. C. (Eds.). *Research in organisations* (4th edn). Sage.
- Robson, J. (2015). *Text and data driven research in organisations* (Text driven). *Psychology: Practice, Theory & Research*. (Courses 6, 7, 8, 9, 14 & 15).
- Robson, J. P. J., & Burgess, S. (2018). *Business research* (Text driven). *Psychology*. (Courses 2, 3, 4, 5, 7, 10).
- Robson, J. P. J., Burgess, S., & Maitland, G. R. (2014). *Case studies in research in organisations*. In C. Collins, I. Collins, & D. Linstead (Eds.), *Research in organisations* (4th edn, pp. 3-19). (Courses 1, 2, 3)
- Robson, J. E. (2017). *Learning to research* (E-text driven). *Research, Theory & Practice in Psychology*.
- Robson, J. E., & Burgess, R. A. (2017). *Statistics for organisations* (E-text driven). *Psychology*.
- Robson, D. J., & Burgess, D. R. (2019). [Learning to research: A practical guide to research in organisations](#) (Course 0.70).

For more information on the reading list, visit the [Open Days Programme](#) website.
For more information on APA style, visit the [APA](#) website.

Indicative content

- Learning outcomes for this module are listed below. For more information on the module, visit the [Open Days Programme](#) website.
- Learning outcome 1: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 2: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 3: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 4: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 5: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 6: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 7: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 8: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 9: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 10: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 11: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 12: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 13: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 14: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.
- Learning outcome 15: Demonstrate an understanding of the nature and scope of research in organisations, including the role of research in organisations and the importance of research in organisations.